URGENT AND IMPORTANT

ELECTIVE FEES have still not been resolved for a small number of Year 9, 10 and 11 students. As advised, we will now have to proceed with the process of choosing non fee electives.

Students who are serious about doing their personal best will have a school diary. Diaries are available for every year from the Macquarie Office. Cost is $10.00

Accurate parent/guardian telephone contact information is very important. When urgent issues (e.g. an injury to your child) arise we have to be able to contact you immediately. Please ensure we always have your most up to date contact.

A REMINDER TO PARENTS TO NOTIFY THE SCHOOL ABOUT YOUR CHILD’S HEALTH

We welcome information from parents about your child’s health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child’s health care needs change or if a new health condition develops. Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the school. This will greatly assist our school in planning to support your child’s health and wellbeing. Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts. We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter’s health needs or as otherwise required by law.

CANTENE NEWS

THE CANTENE IS SHORT OF HELPERS ON THURSDAY AND FRIDAYS. IF YOU COULD SPARE A COUPLE OF HOURS (11AM-2PM) ONCE A MONTH, WE WOULD LOVE TO HEAR FROM YOU, also the CANTENE SELLS JUNIOR TIES FOR $20.

Mrs Viv Johnstone, Canteen Supervisor - 6766 1131

XMAS TREE DONATIONS

Thank you to everyone who participated in giving gifts to a very good cause at the end of last year. The Salvation Army would have given all gifts received, a very good home, to make Christmas for a lot of worthy people.

COUNSELLOR CORNER

The beginning of a new school year is an exciting time for everyone: students and teachers alike. At Oxley High, students are settling into their classes, making new friends and learning a range of new subjects and skill areas. The opportunities for success and positive growth are enormous! However, it can be a stressful time as well. Some students will find the changes - in their classes, subjects and even friendships - very difficult to cope with. They may be anxious about what is going on around them and unsure where to find help. Therefore, it is important that we work together to help one another in this time of change. Research has consistently shown that the best way to help
young people cope with stress and change is to encourage them in developing positive resilience factors. These positive factors can buffer or protect them during difficult times. At school, positive resilience factors include having a supportive teacher or mentor; being part of a group - no matter how small or large - of caring friends; having a strong engagement with sports and being able to set goals about the future.

In addition, students at Oxley have the support of a strong welfare program. There are dedicated Year Advisers, Stage Head Teachers and Deputies who can assist them. As School Counsellor at Oxley, I have special training in counselling and psychological support for a range of issues and situations. Students may self-refer to the Counsellor through Castlereagh office, or via their Year Adviser. I look forward to meeting all our new students!

Ruth Jenkins, School Counsellor

YEAR 7 “Great Aussie Bush Camp”

Year 7’s proposed excursion to the “Great Aussie Bush Camp” at Teagardens, will take place in Week 5 of Term 1, 23rd to 25th February. Payments, including the initial downpayment of $60.00 is due on Friday 11th February and the final payment will be due on 18th February. For further information contact either Mrs M Martin (Stage Head Teacher Middle School) or Mr S Howey (Year Adviser) on 6766 1677

PLAN-IT-YOUTH MENTORING PROGRAM

Plan-it-Youth is a school based mentoring program for young people who would appreciate additional help looking at options for future careers. The program links community members with students with the aim of helping them prepare for the transition from school to work or from school to further education and training. Each student will work with their mentor for an hour once a week during class-time for ten weeks. Workplace visits may be organised during this time as well.

If your child is in Year 10 and would like to participate in the program, please encourage them to see Mrs Whiley in the TAS staffroom for more information and a permission note.

PIRATES RUGBY FOOTBALL CLUB

Pirates Rugby Club would like to invite any students interested in playing for the Pirates Under 16’s in the Saturday morning Central North Competition. Training is held each Tuesday and Thursday at Chillingworth Oval opposite Scully Park Swimming Pool. If you have any questions please contact Greg Lumber on 0427 293 892.

2011 Tour to Kenya

A reminder that the deposit for the Kenya Tour is due on 19th February 2011. There are still a few spots available for the tour. If you have any queries, or require further information please contact Jenny Hawthorne on 6766 1677.

The Oxley High School Twilight Swimming Carnival 2011

The OHS Swimming Carnival will take place on Thursday 10th February 2011 at the Tamworth Town Pool on Kable Ave. All students are expected to attend the carnival which begins at 2:15pm and finishes at 8:00pm. The students are to wear their sports uniform on Thursday and bring all the appropriate swimming gear and a hat, sunscreen and drinking water with them to school, as they will be walked to the pool by the OHS staff after spending the first part of the day at school. Students are expected to make their own travel arrangements at the end of the evening.

Students are reminded to not wear/bring any body/face paint as this is banned at the pool. Any students using or wearing paint will be required to wash it off before entering the pool and any unused paint will be confiscated by OHS and pool staff.

Each student is to pay $2.40 as they enter the pool. Please ensure that all students have the CORRECT CHANGE as this will help keep things running smoothly as everyone is entering the pool. Students who have season tickets do not need to pay for entry, but must ensure they know their ticket number as this will be recorded as they enter. Rolls will be marked at the BEGINNING AND END of the carnival to ensure full attendance of all students.

Students who attend the carnival are not expected to come to school on Friday. Students who do not attend the carnival will be expected to attend school on Friday or they will be marked as absent for the day.

Parents and students are also reminded that food (barbeque) and drinks can be purchased as part of a school fundraiser at the pool. No fast food/deliveries (eg. Pizza) will be permitted into the pool.

All students are encouraged to participate in as many events as possible. Should any parents have any further enquiries please feel free to contact Mr Peter Maxwell at school on 6766 1677.

Tamworth Basketball Association

New High School Competitions 2011

Competition in the new 6 court stadium starts on Wednesday 16th February 2011. Sign on days will be held at the new Tamworth Sports Dome on 1st February, 4pm to 6pm, 2nd and 9th February, 4pm to 6pm, and 3rd and 10th February, 4pm to 6pm. For further details contact the stadium on 6762 2986. If you are interested please see Mr Maxwell in the PE staffroom to give him your name and to get a team nomination sheet.

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<tr>
<th>MONDAY 14 FEBRUARY</th>
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<td>WEEK 3: SRC Leadership Camp - Echidna Gully - J Boulton / P Yeo</td>
<td>SRC Leadership Camp</td>
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<td>WEEK 4: Y12 Metal &amp; Engin W/P Y9 Commerce Excur Taminda / CBD 1.40-3.10-G Jackson</td>
<td>Y12 Metal &amp; Engin W/P Y7 Great Aussie Bush Camp</td>
<td>Assembly: PDHE/Science Y12 Metal &amp; Engin W/P Y7 Great Aussie Bush Camp</td>
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